



FREE
Parenting
PLANNER

Hi there!

WHO IS THIS PARENT PLANNER FOR?

I created it for you! As parents, I know life gets busy and sometimes it can be challenging to handle it all! So whether you are single or married with kids, THIS was designed to help you plan well as a Christian parent.

HOW TO USE IT?

I highly encourage you to purchase a binder, print out the worksheets provided in this planner and begin working through it. I think you'll be so glad that you did!

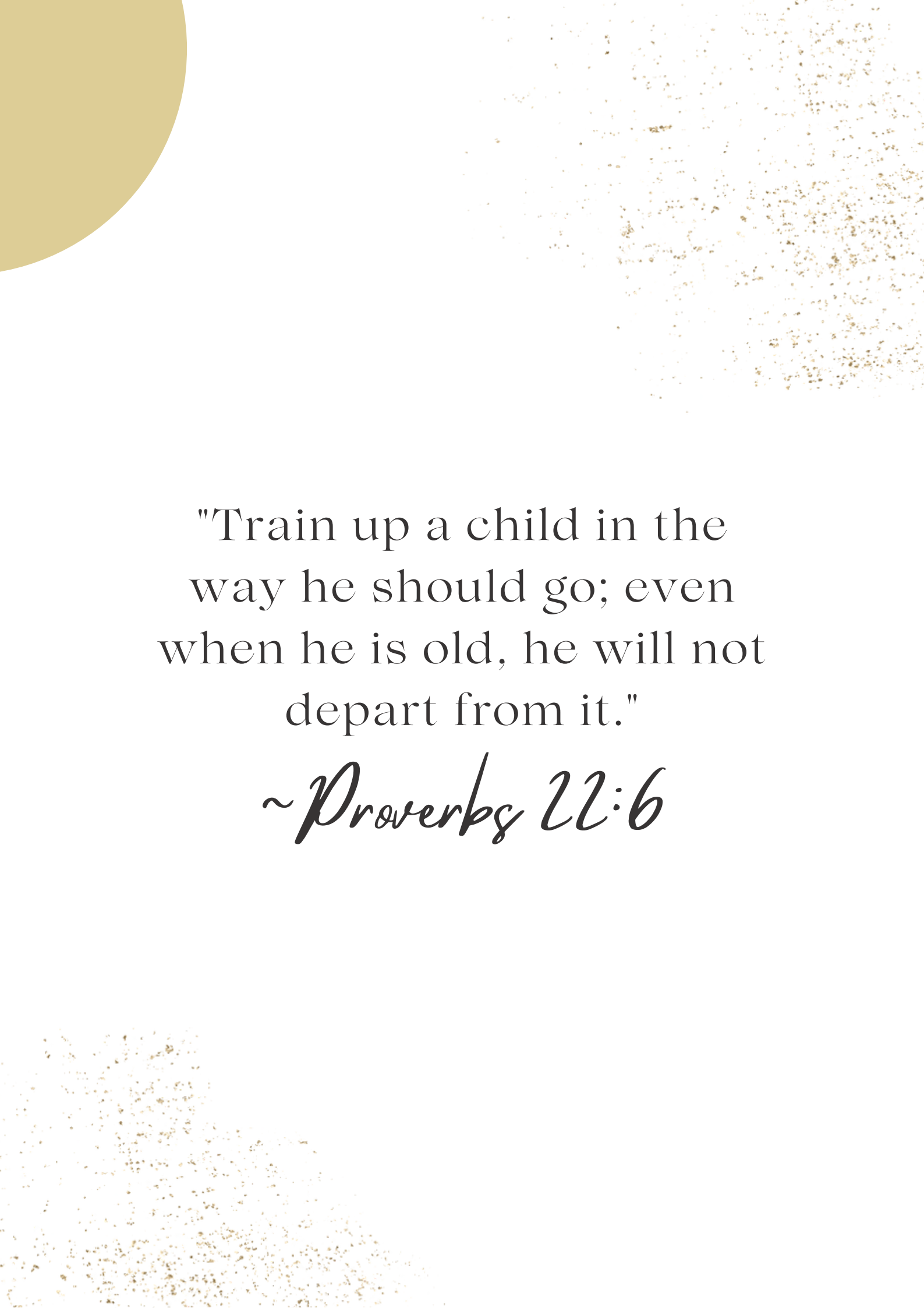
CONNECT WITH COURTNAYE

I'd love to stay connected with you via email and social media. Currently, my hangout spots are Instagram and Facebook (click the icons below). I also write a weekly blog where I teach the Bible and life principles. Also, if you are an event, TV, podcast, radio host or know one, I'd love to connect to share on a life-changing topic. Let's connect!



Courtnaye Richard

Founder of Inside Out with Courtnaye
Visit www.courtnayerichard.com



"Train up a child in the
way he should go; even
when he is old, he will not
depart from it."

~ Proverbs 22:6

Verses for Parents

ISAIAH 54:13

"All your children shall be taught by the Lord, and great shall be the peace of your children."

PSALM 127:3

"Children are a gift from the Lord;
they are a reward from him."

PROVERBS 17:6

"Grandchildren are the crowning glory of the aged;
parents are the pride of their children."

EPHESIANS 6:4

"Fathers, do not provoke your children to anger by the way you treat them. Rather, bring them up with the discipline and instruction that comes from the Lord."

PROVERBS 29:15

"To discipline a child produces wisdom."

PROVERBS 31:28

"Her children stand and bless her."



Parental Verse of the Year



Calendar

2023

January

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

February

S	M	T	W	T	F	S
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	1	2	3	4

March

S	M	T	W	T	F	S
26	27	28	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

April

S	M	T	W	T	F	S
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	1	2	3	4	5	6

May

S	M	T	W	T	F	S
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

June

S	M	T	W	T	F	S
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1

July

S	M	T	W	T	F	S
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

August

S	M	T	W	T	F	S
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

September

S	M	T	W	T	F	S
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

November

S	M	T	W	T	F	S
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2

December

S	M	T	W	T	F	S
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

Monthly Planner

MONTH: _____

MON

TUES

WED

THU

FRI

SAT

SUN

TOP 3 PRIORITIES

1.

2.

3.

TO DO LIST

- _____
- _____
- _____
- _____
- _____

This Week's Plan

(PRINT OUT EACH WEEK)

3 GOALS

Blank space for writing 3 goals.

ERRANDS TO RUN

Blank space for writing errands to run.

KID TALK IDEAS

Blank space for writing kid talk ideas.

WEEKLY OUTING

Blank space for writing weekly outing ideas.

DINNER IDEAS

Blank space for writing dinner ideas.

PRAYER FOR THE WEEK

Large blank space for writing prayer for the week.

Daily Planner

S M T W T F S

DATE:

SCHEDULE

06:00

07:00

08:00

09:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

8:00

TO DO LIST



PRIORITIES

Weekly Meal Plan

MONDAY

Breakfast	Lunch	Dinner	Snacks
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TUESDAY

Breakfast	Lunch	Dinner	Snacks
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WEDNESDAY

Breakfast	Lunch	Dinner	Snacks
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THURSDAY

Breakfast	Lunch	Dinner	Snacks
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FRIDAY


Breakfast	Lunch	Dinner	Snacks
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SATURDAY

Breakfast	Lunch	Dinner	Snacks
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SUNDAY

Breakfast	Lunch	Dinner	Snacks
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My Grocery List











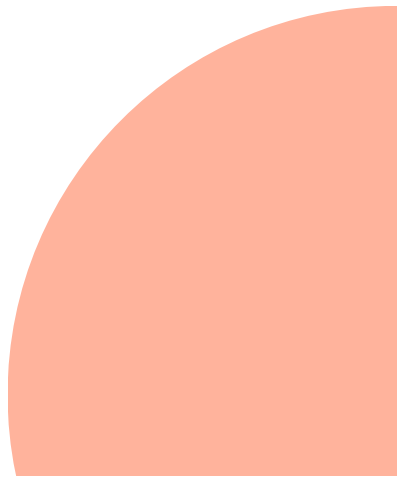














Family Engagement Ideas

30

Family Engagement Ideas

1	2	3	4	5
Pray together	Memorize a Bible verse as a family	Play a board game together	Do a "Family" Vision Board	Start a new family tradition
6	7	8	9	10
Plan your vacation together	Learn to cook a new recipe	Dinner & a movie at home	Carpet picnic with the kids	Pillow fight
11	12	13	14	15
Eat together	Talk about Sunday's sermon	Get away for the weekend	Re-design a room in the house together	Go & grab ice cream during the week
16	17	18	19	20
Say or text your child a word of encouragement	Make cookie-cut out pancakes	Snuggle up in one bed with a movie & popcorn	Go shopping together	Go out to brunch as a family
21	22	23	24	25
Go have pedicures (everyone)	Go away for Christmas	Buy a random gift	Say "I love you" with words or sticky note	Take a walk together
26	27	28	29	30
Ride bikes together	Schedule family photos	Take a long drive	Go to a Christian concert together	Simply open up a conversation



*Mom & Dad
Engagement Ideas*



30

Mom & Dad Engagement Ideas

1	2	3	4	5
Start a "Dream" journal together	Memorize a verse as a couple	Put your phones away and talk	Plan a date night	Pray with each other
6	7	8	9	10
Attend a parenting conference	Take turns reading a chapter of a parenting book	Relax together for 30 minutes after work	Invite other parents over for dinner	Plan a weekend getaway for you two
11	12	13	14	15
Go for a long drive	Plan an annual couples trip	Do ministry together	Listen to one another from the heart	Cook a new meal together
16	17	18	19	20
Go out for dessert	Have breakfast in bed	Go and have coffee or tea at a local shop	Schedule a lunch date	Snuggle up and watch a movie together
21	22	23	24	25
Schedule a couple's massage	Shop together	Swap gifts and talk about what you mean to each other	Give one another foot massages	Read the Bible together and talk about it
26	27	28	29	30
Buy a box of conversation cards	Pray for your child or children together	Laugh more (watch a clean comedy movie)	Play a couple's board game	Be present



Bonus
Parenting Planner
Prompts



PARENTING GOALS

3 Month Plan

6 Month Plan

9 Month Plan

12 Month Plan

Notes

MINISTRY GOALS

3 Month Plan

6 Month Plan

9 Month Plan

12 Month Plan

Notes

BUSINESS GOALS

3 Month Plan

6 Month Plan

9 Month Plan

12 Month Plan

Notes

PERSONAL GOALS

3 Month Plan

6 Month Plan

9 Month Plan

12 Month Plan

Notes

FINANCIAL PLANS

ANNUAL FINANCIAL GOAL

VACATION

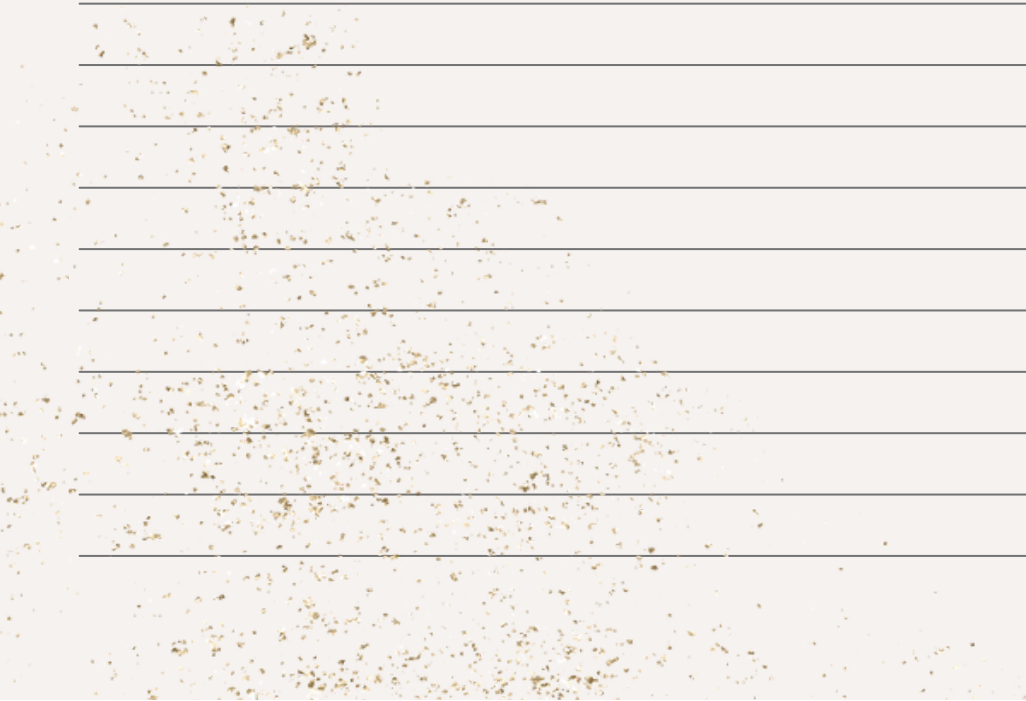
SAVINGS

GIVING TO OTHERS

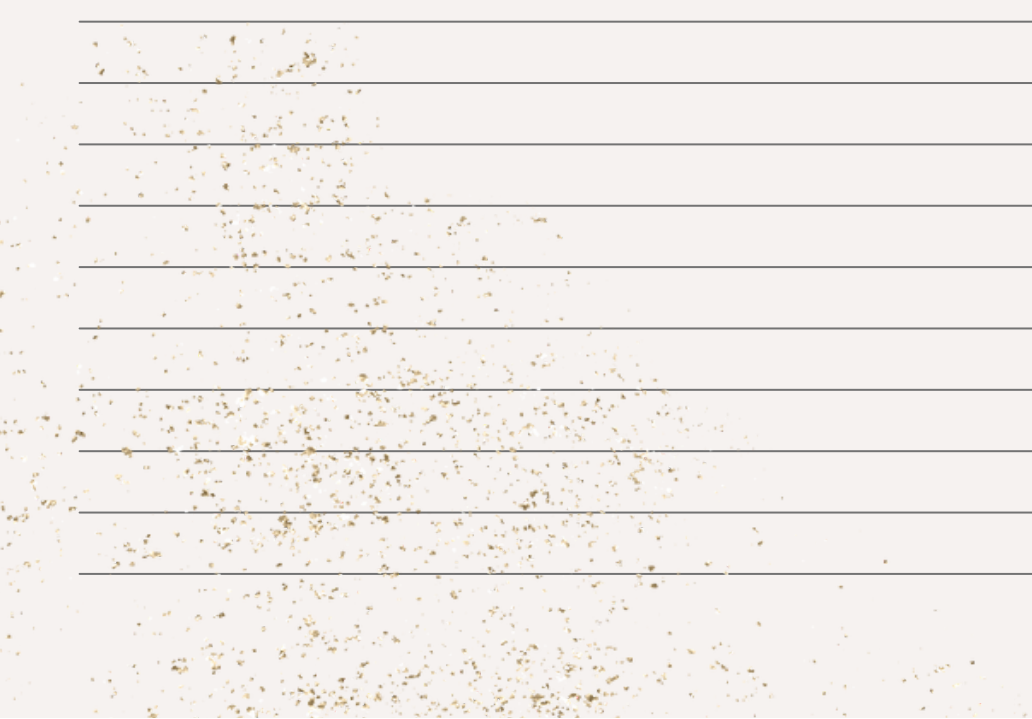
PERSONAL INVESTMENT

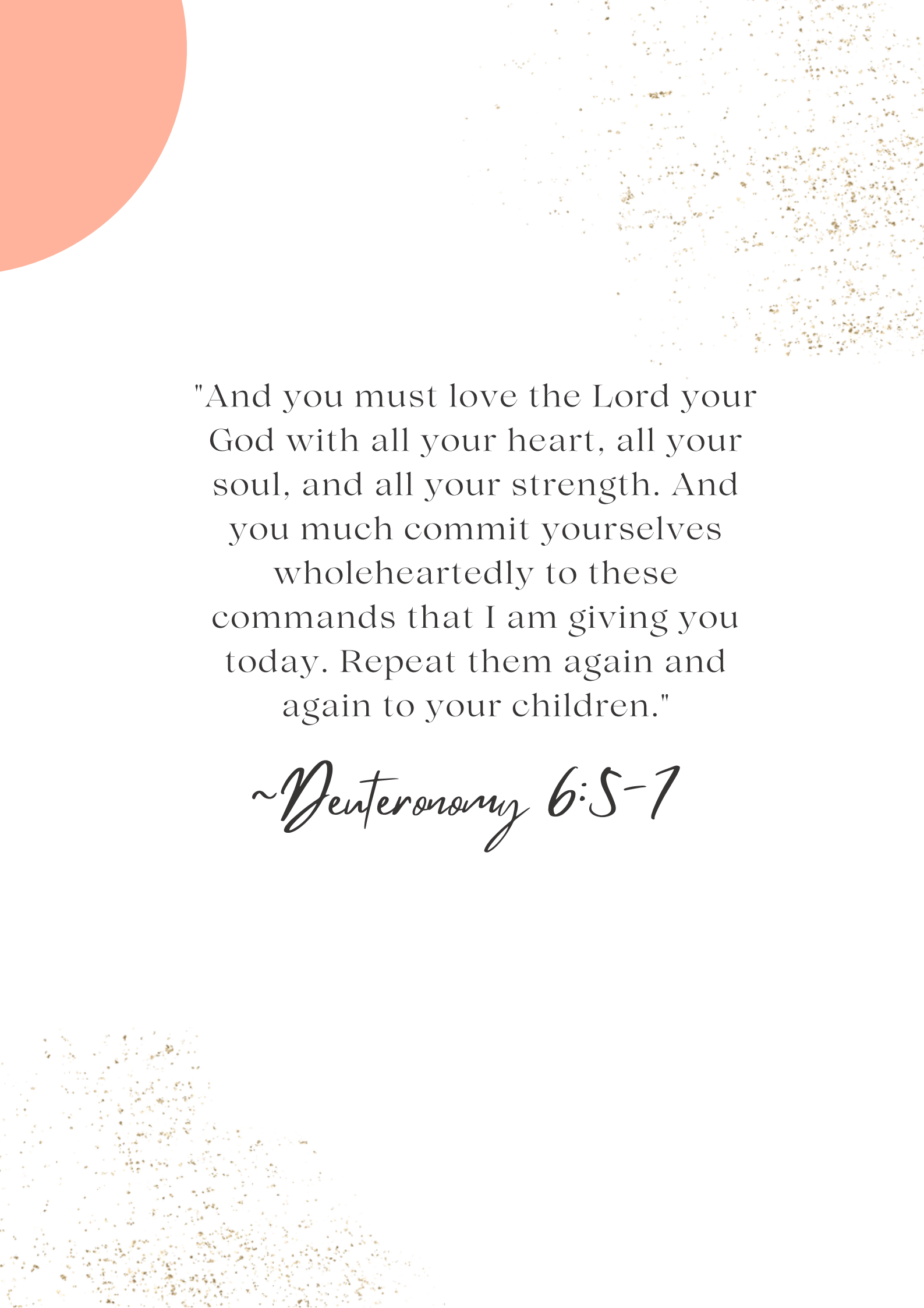
STEPS TO TAKE

Ministry Ideas



Ideas/Notes





"And you must love the Lord your
God with all your heart, all your
soul, and all your strength. And
you must commit yourselves
wholeheartedly to these
commands that I am giving you
today. Repeat them again and
again to your children."

~Deuteronomy 6:5-7



Parent Well

www.courtnayerichard.com

